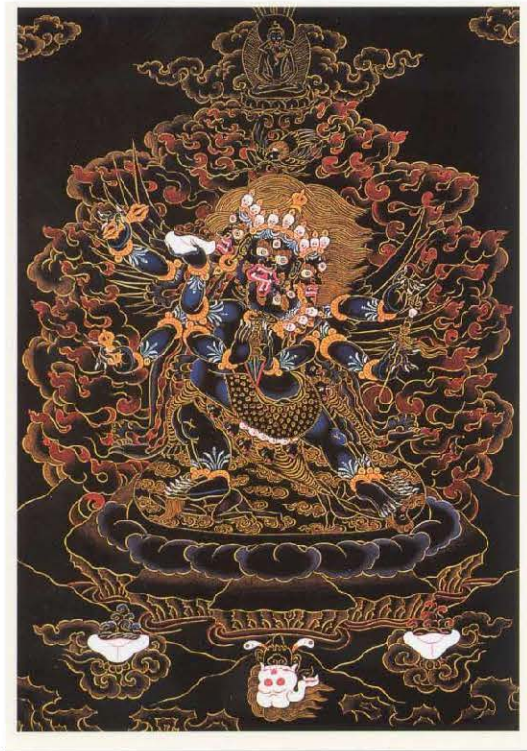


Vajrakilaya

Meditation Retreat

August 2016 Lyfjabergt Sweden

www.lyfjabergt.com



Sanskrit: Vajrakilaya; Tibetan: Dorje Phurba.

It is a tantric deity which literally means "the dagger of Indestructible Reality".

A Yidam of dynamic power whose practice helps us to cut all external obstacles (enemies, envy, energy attacks, etc.), internal obstacles (fear, self-sabotage, etc.) and secret obstacles (helps to close cycles). Vajrakilaya helps us strengthen our spiritual development.

The practice of Vajrakilaya, or Phurba, forms the heart of the ancient Tibetan Vajrayana traditions.

The wrathful Heruka, Vajrakilaya, is a yidam deity representing the enlightened activity of all the Buddhas which manifests himself in an intensely angry way, but also compassionate, in order to subjugate ignorance and negativity that may arise as obstacles in the practice of Dharma.

Vajrakilaya, as a Deity of Wisdom, covers all aspects necessary for spiritual practice; It includes the complete path to reach enlightenment and also generates all the favorable conditions while the practitioner attains enlightenment.

The internal nature of Vajrakilaya is peace, so we must not get confused by its outward appearance. It is a Deity of Wisdom which embodies and reveals the true nature of our minds. His fire of Wisdom burns our emotional afflictions, revealing the nature of calm and serenity of the mind and opens up possibilities for genuine communication with others and to carry out compassionate activities. The practice Vajrakilaya is particularly powerful to generate inner peace, family and social harmony, political stability and world peace.

Therefore, in the Meditation on the Tantric Deity Vajrakilaya is one of the main and central traditions of the Vajrayana practice, which integrates the Nine Vehicles Practice, and especially the three interior Vehicles, or Yanas, Mahayoga, Anuyoga and Atiyoga.

Place of Performance; "Holistic Center Lyfjabergt". Bergsjö, Sweden.

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